



## Esophagogastroduodenoscopy (EGD) Prep

816-836-2200

**AT LEAST A WEEK BEFORE YOUR PROCEDURE:** Check with your prescribing doctor to make sure it is safe to hold prescription blood thinners. Please get permission to stop these prior to your procedure.

**4 days prior** Coumadin®, Warfarin, Plavix®, Aggrenox®

**2 days prior** Eliquis®, Effient®, Pradaxa®, Xarelto®, Savaysa®

**NPO STATUS:** During your procedure you will be administered either general anesthesia or heavy sedation. For your safety, it is essential you follow these guidelines:

- **No GUM, CANDY, MINTS, CIGARETTE SMOKING or TOBACCO USE 2 hours prior to your arrival time.**
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**
- **If your procedure is in the afternoon, NO FOOD after midnight but you may have clear liquids only until \_\_\_\_\_. You must remain fasting after this time.**

### **THE DAY OF YOUR PROCEDURE:**

- If you take insulin or oral diabetic medication, you are advised to **HOLD** and **DO NOT TAKE** on the day of your procedure. Bring it with you.
- Take any routine heart, blood pressure or seizure medications with a **SMALL** sip of water at least two hours before your procedure.

### **YOU MUST HAVE WITH YOU:**

- A responsible adult to drive you home. This individual must be present when you check-in and stay at the facility during the procedure or your procedure will be **CANCELLED.**
- A list of all medications you are now taking, including over-the-counter products and herbal supplements.
- A list of any allergies you have.
- If you have a Pacemaker/AICD please bring in your Pacemaker/AICD card.

**TO review your lab or path results visit our patient portal at:  
<https://midwestgihealth.mygportal.com/PP67/Account/LogOn>**